

SERMON NOTES & LIFE GROUP QUESTIONS

ONE MONTH: Q & A W/ TESTIMONIES TO GET PRACICAL, Curt Brunk, Dan Laurenzo 10.11.09

For more testimonies and ideas go to www.LakeSamm.org for a downloadable sheet which we will be updating as things come in.

I am the Director at a facility that cares for patients who need around the clock help. My caregivers on night shift called in sick and I could not find anyone to replace them. So I had to work on Sabbath. I feel bad.

Having trouble choosing a day. Every time something comes up to ruin the day.

Condos need siding, roommate lost job, spouse's medical costs, etc. Been looking for creative ways to make more money on the side, feel like God has blessed me with opportunities, but obviously, this means more work. Any suggestions?

Can a person do something to improve themselves like study theology, paint, write, etc.?

You stated that part of a "Sabbath Year" can be defined by not taking on any "new" ventures. I sense Gods leading me in a new direction for this year. Should I shelve that for a year?

How is Sabbath different from a non-believer taking a day off to relax and do things that they enjoy to have a healthy balanced lifestyle?

if the Israelites are not able to do what they normally do in regards to sowing their fields or tending their vines, how can I justify continuing to do what I normally do, which is to work – even if I do it in a way that is not exerting effort to create something new?

LIFE GROUP QUESTIONS

1. What truths and principles have been most important to you in this teaching series on Sabbath? Take your group to the Scripture that has spoken to you the most. Why?
2. What practical ideas did you hear in the question and answer session that seem to make sense for your life? What experimenting will you do? How can we support you as a Group in this?
3. Is there some way that the practice of Sabbath or a Sabbath lifestyle could impact your family? Marriage? Roommate relationship? How might this bring new freedom and "life" to these relationships?
4. Digging deeper: Take some moments with Matt 11: 25-12: 21. What principles of rest and Sabbath does Jesus teach & model here? How do religious traditions relate to His overall purposes here? What can you take from these verses to "color in" your own Sabbath?

TODAY'S CHALLENGE: (Remember to watch for God to move this week and tell us your testimony!)

I will pray for _____ to come to Jesus